98052, and James R. Lee. Rate of escape for random walks on groups.
Consider simple random walk on a finite Cayley graph of degree $d$. We show that the mean square distance from the starting point at time $t$ is at least $t /(2 d)$ for all t up to $1 / g a p$, the inverse spectral gap. It is an open question whether the bound holds (perhaps with another constant in front) for $t$ less than the mixing time. For infinite Cayley graphs this bound holds for all $t$, as first noted by Anna Erschler. We can prove the following refinement for infinite groups: the probability that the walk is within distance $\epsilon t^{1 / 2}$ from the starting point is $O(\epsilon)$, provided $t>\epsilon^{-8}$. All the proofs are based on Lipschitz embeddings of the Cayley graph in Hilbert space. (Received July 27, 2010)

